

Masterchef Competition 12.01.12

By Kirstin Patterson

On Thursday 12th of January a Masterchef competition was held in the school, all transition year students participated in the event. We had to choose our favourite takeaway dish and recreate it in a healthier way, some methods used were replacing chips with salad, making tomato ketchup from scratch, using low fat ingredients and oven baking instead of deep-fat-frying.

We had a total of 90 minutes to cook a meal suitable for two adults; there was great variety in the meal ranging from standard fish & chips to chicken-chow-main. Once we had finished Ms Ryan and Ms Doyle came around and judged our food, they marked us on both our presentation and the taste of the dish. Once they had made their decision Ms Doyle pointed out the best parts of everyone's dish before announcing the winners.

In 4.1 the winners were Aoife Scully and Cailín Gannon with their 'chicken curry', and in 4.2 the winners were Niamh Barry and Joanne Brennan with their 'Stuffed turkey burgers served with homemade coleslaw and sweet potato chips'.

After the winners had been announced we all sat down together and ate the food we had just cooked, it was great to go around and taste what everybody else had cooked as well as getting even more feedback on your own dish. Everyone did an excellent job and every single meal was delicious, we definitely have a few chefs in our presence!